



The Journey

Sustainable Travel Planning Newsletter

Issue #: 1 Term 4, 2009

Welcome

Welcome to the first issue of *The Journey*. This newsletter is about sustainable issues and is focused on practical solutions around transport that enable continued or improved standards of living for all. We look forward to sharing the wonderful initiatives and successes that are happening in our city.

Check out our new website:
www.hamilton.co.nz/thinkchangegeo



Think Change GO

Think Change Go is all about building a collection of possible transport modes into our daily routines. As part of the strategy we are producing great tools to help you incorporate sustainable travel modes into your day. Visit our website www.hamilton.co.nz/thinkchangegeo

We are a heavily dependent car city and with our travel habits so deeply entrenched it might seem like it's just too hard to make the change to sustainable modes. BUT just think about the number of times you have been stuck in a traffic jam! Grrrrr! Why not include exercise into your day by walking or cycling, so that you get a 2 for 1 deal – exercise and commute!



School Travel Planning

School Travel Planning is an initiative that considers the issues surrounding the school. It is a full school and community approach to managing traffic, and can result in some rewarding outcomes, such as children arriving at school ready to learn, parents having more quality time to spend with their kids, and a safer environment at the school gates. To enquire about a STP for your school contact: STP@hcc.govt.nz

Guess What?

Melville Primary School currently has 5 Walking School Buses and are starting their 6th which will involve the children from the other side of SH1. That means most of their kids now have access to a WSB to and from school :)



Cycle Stuff

"Whatever pushes your pedals!"

All St Joseph's year 6's are undergoing cycle training this month. They are learning safety, skills and techniques. On road in real traffic situations under safe trained supervision. Thanks to HCC's sponsorship we'll have another batch of confident cyclists on our roads!

Tour de Melville

Saturday 5th December 10am—12pm
Meet at the Melville Community House
10km fun ride suitable for 9yrs to adult. There is a shorter 1km ride for younger riders.
Visit: www.envirocentre.wordiot.co.nz/posts/bikeride/ for more details.





Workplace Travel Planning

When you are preparing to go back to work consider the times you:

- ➊ couldn't find a park
- ➋ got held up because traffic was really heavy
- ➌ had to pay for parking
- ➍ got to work feeling stressed
- ➎ ran late
- ➏ didn't have a good start to the day.

It might be more enjoyable to:

- ➊ car pool with your work mates.
- ➋ walk or cycle without stress

Live too far away?—what about taking the bus? You could even read the paper on the way!

To find out more about WTPs email: workplaceTP@hcc.govt.nz



Happy Feet

The Happy Feet programme for pre-schools is designed to achieve two things:

1. reduce traffic at the gate;
2. provide an introduction to walking school buses.

The pilot programme at Kids Club 2 was highly successful, winning a "highly commended" award at the Golden Foot Awards in July this year. The children are encouraged to walk, scoot, skate, trike or bike the last 2-5 minutes of their journey.

Sustainability Tip

Drying your clothes in a dryer will add \$130 per year to your electricity bill.

Seasonal Tip

Summer time means slip slop slap while you're out and about. Cycling is often more fun than walking in the summer as you can travel much more quickly than walking AND FEEL THE BREEZE AS YOU GO

Kids Club

Watch this space so you'll know how to join. There are great prizes to be won just by becoming a member



Active Ideas for the School Holidays

There are all kinds of activities that you can do as a family that will start building your child's confidence in walking or riding to school.

- Cycle along the river path
- Orienteering course at Hamilton Gardens
- Community planting & friends of Waiwhakareke
- Walking around Hamilton Gardens
- New national cycle path to Lake Karapiro

Kia Motors says:

Driving is fun, but let's face it—there's nothing great about traffic jams. At 9am nearly 20% of all cars are doing the "school run". It's madness.

Walking is great. It's strengthens kids bones and develops their muscles—including the heart. And if there's less congestion then it increases enjoyment for those who have essential car trips.

